

## 2017-2018 COORDINATED SCHOOL HEALTH REPORT

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CSH team member: Kelli Page

## Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Baranoff Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CЗН

## Coordinated School Health Item Implementation Inventory

Implementation of PE	Baranoff Response	%Yesat All Elementary Schools
Implementation of PE	repuse	Schools

Nutrition	Baranoff Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods' beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%

Brain Breaks	Baranoff Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Flan. thsc2(hoosyean.)]TJETq1i45.7.982944.166.0614.94reWhBT10.95910010.9845.7.98632.4Tim0Tc0Tw()TjE1 <b>B3</b> T10.95910	Yes 010.98482.52632	78% 2.4Tm060Tc0Tw(Ye

## FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Baranoff Bementary				Average	
Fitness Area == Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	72%	70%	70%	Decreased	57%
Aerobic Capacity	62%	60%	63%	Increased	71%
Curl-Ups	77%	54%	72%	Decreased	<b>7</b> 5%
Push-Ups	69%	53%	68%	Decreased	66%
St and Reach	50%	50%	53%	Increased	69%
Trunk Lift	52%	70%	75%	Increased	78%

Source. 2017-2018 Coordinated School Health data collection.

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<sup>\*</sup> Campuses provided change information – it was not calculated from the scores.