

# **BALDWIN ELEMENTARY**

## Coordinated School Health Item Implementation Inventory

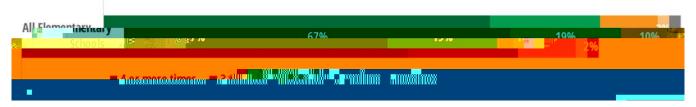
Implementation of PE	Beldwin Response	%YesatAll Elementary Schools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEtexcher(s) are certified in OPR First Aid and AED.	Yes	99%
* Campus staff followed the ASD Special Area Standards of Service.	Yes	100%
* All PEteachersfollowed the district PEcurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The FEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, induding Fitness Graminformation.	Nb	83%
Other (please specify): Used the track to run laps for warm-ups. Teacher seeks out PD often.	Yes	47%

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*The principal established a CS-Iteam	Yes	99%
The principal identified a CSH chair.	Yes	99%
The CSH teaminduded teacher representatives from each grade level.	Yes	73%
The CS-Iteaminduded at least one administrator.	Yes	93%
The CSH teaminduded at least two students.	No	67%
The CSH team included the cafeteria manager.	No	75%
Campus leadership identified funds to purchase and maintain C9Hequipment for the dassroom teachers to use during WOW time.	Yes	93%
The campus leadership established a Sudent Wellness Team (SVIT).	Yes	90%
<b>Oher (pleze: specify):</b> Student Wellness Team put together a board where teachers were highlighted being healthy.	Yes	38%
How many times did the CSH team meet this year?	4 or more times	(SeeFigure 1)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

#### Figure 1

The majority of Bementary Coordinated School Health teams met 4 or more times this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

CSH Implementation	Baldwin Response	%YesatAl Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yés	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Rbbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH Family Fun Fitness Night.	Yes	100%
The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
<b>Oher (please specify):</b> Student wellness team was given the opportunity to have a booth at our CATCH night. Our CATCH night was a huge success and we had more vendors than the prior year.	Yes	42%
Health Lessons		
* Sudents were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form).	Yes	98%
* All dassroom teachers followed the district's Health curriculum	Yes	96%
<b>Oher (please specify):</b> PE teacher teaches and test for all health units. Health power points are posted in the gym for every unit.	Yés	27%
Working Out for Wellness (WOW)		
* All dassroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	100%
* All dæsroomteachersprovided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yés	90%

Nutrition

Baldwin Response %Yesat All Bernentary Sthools

\* Healthy options were available when food/ beverages were provided to

Brain Breaks

Baldwin Response

	Baldwin	%YesatAl
Parent and Community Participation	Response	<b>HementaryShools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	No	65%
There was at least one parent on the CSH team.	Yes	77%
<b>Oher (please specify):</b> Marathon Kids used our campus to produce a video that highlighted Baldwin students.	Yes	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	10% of parents	(SæFigure4)

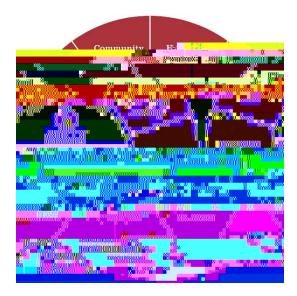
#### FITNESSGRAM RESULTS

	Baldwin Bementary				Average	
Fitness Area – Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Eementary 2018 Final	
BMI	97%	97%	92%	Decreased	57%	
Aerobic Capacity	97%	96%	91%	Decreased	71%	
Curl-Ups	96%	93%	91%	Decreased	75%	
Push-Ups	95%	93%	88%	Decreased	66%	
St and Reach	97%	97%	92%	Decreased	69%	
Trunk Lift	97%	97%	91%	Decreased	78%	

#### CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Source. 2017-2018 Coordinated School Health data collection.

\* Campuses provided change information - it was not calculated from the scores.



### PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

