# BAILEY MIDDLE SCHOOL

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: John Rocha Physical education teacher: Miguel Avila CSH team member: Jennifer Dawson

#### Results

and physical education (TEC §46 (C) 39.0545).

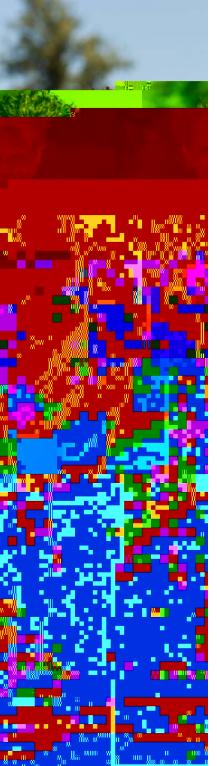
CSHImplementation Summary	Score/Rating
Total achieved (of 18) required	18
Total achieved (of 60) supplemental	34
Total (of 6) Healthy Fitness Zones areas with Simmetalsed instatus	ol
year	0
2016-2017 CSH Rating	Recognized

Source. 2015 AISD CSH Program Report

The rating scale<sup>2</sup> was based on identified activities that support coordinated school health efforts. There were 18 required and 60 supplemental opportunities for campuses to meet or exœed the AISD CSH Programstandards. All campuses submitted enough data to be rated. Bailey Middle School achieved 18 required and 34 supplemental items during the 2016–2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body compositio n. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouragedo use their results to set goals for their Campus



## Coordinated School Health It em Implementation Inventory

Implementation of PE	Bailey Response	% Yes All Middle Schools
* PE teacher(s) planned and implemented <b>phylsissobeslocrati</b> wesikelthata included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	or Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.		100%Ye
* All PE teachers followerdictheEdissurriculum and assessments.	Yes	100%
* All 8th graders have completeders ser PE or PE substitution.	Yes	100%
The PE teacher(s) follow ted ntale P tea Appropriate Practices.	Yes	100%
The PE teacher(s) maintaiqeidedePfeinventory and materials.	Yes	100%
The PE teacher(s) used instruction of the private of the private of the private of the period of the		
At the beginning of each PE course, pareerdsorive net sinformation, and require for enters information, and require for enters information.	ssGram Yes	100%
Other (please specify):	No	63%

CSH Planning		
*The principal established a CSH team.		10005%
The CSH team included at least one administrator.		100 <b>%</b> es
The CSH team included teacher representatives from each grade.	No	63%
The CSH team included at least two students.		74 <b>%</b> o
The CSH team included the cafeteria manager.		84%0
Campus leadership purchased CSH equipraedtatiebetoreel physical activity programs or opportunities (i.e. advisore/sinatnd/or lundbdieng athletics).	Yes	89%
The campus leadership established a Student Wellness Team.	Yes	89%
Other (please specify):	Ν	lo 53%
How many times did the CSH team meet this year?	4 or more times	

CSH Implementation	Bailey Response	% Yes All Middle Schools
* Campus students and staff participated in Rthe Department's district widy for CSH Kic Week in September.	k-Off Yes	89%
* Campus staff implenhen Beadatd-adopted CSH pt Agria Hil,	Yes	100%
*Campus staff used the CATCH Codlosiinxathicennlesis)(ahroughout the school year.	Yes	95%
* Students were taught the Sexuality and Retsplessibilityddeing science class (unless the	ne parents	

		% Yes	
	Bailey Responsell Middle		
Brain Breaks		Schools	
The CSH chair provided staff training emleonivBraim Breaks and locate Brain Break r	esou <b>ide</b> s.	89%	_
The classroom teachers provided exprovers tudents to leade brain the during class time	me. No	89%	
At least one Campus Improvement Plan goal this year warairelanteakto student	No	74%	
Other (please specify):		No	53%
Approximately what percentage of classroorsotreactyres of sledain breaks at least once	e 598% dayn	ore(See Figur	e 3)
Source. 2016-2017 Coordinated School Health data collection.			_

\* All items with an asterisk were required by the AISD Departifientysical Education and Health to be implemented at explusea

#### Figure 3

At the majority of middle schools % or more f the classroom teachers are using brain breaks at least once each day?

Source. 2016-2017 Coordinated School Health data collectorecentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Bailey Response	% Yes All Middle Schools
Campus staff provided opportunities for styderatelytactevenbefoode (sehounning club or o gym).	<sup>pen</sup> Yes	79%
Campus staff provided opportunities for sty <b>serateytacte/pha</b> fter school		

Spring 2017 Coordinated School Health Middle School Campus Report

Parent and Community Participation	Bailey Response	% Yes All Middle Schools
* Parents were notified that the guess tit heir child's Fitness gram results.	Yes	100%
Campus has a Healthy Lifestyle ashain pides tified position on their PTA.	No	47%
There was at least one parent on the CSH team.		63% 0
Other (please specify) parents volunteered at CATCH night event.	Yes	63%

Source. 2016-2017 Coordinated School Health data collection.

\* All items with an asterisk were required by the AISD Departifientysical Education and Health to be implemented at explusion

#### **Fitnessgram Results**

CHANGE IN EALTH MITNES BONE (HFZ) FROM PRIOR TOURRENTEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEG

	Bailey	Bailey	Bailey	2017 All AISD	Comparisonfo
Fitness Area Tested	2016 Final	2017 Final	2016 to 2017	Middle Final	Bailey 2017 Final to
	2010 Filiai 2	2017 1 111	Change*	Average	All Middle Final
BMI	68%	65%	Decrease	ed 58%	Greater than