

ANDREWS ELEMENTARY 2017-2018 COORDINATED SCHOOL H

Coordinated School Health Item Implementation Inventory

Implementation of PE	Andrews Response	%YesatAll Elementary Sthools
* FEteedher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram. * FEteacher(s) are certified in CFR/ First Aid and AED.	Yes Yes	100%

CSH Implementation	Andrews Response	%YesatAll Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKick-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campusstaff implemented the CATCH Coordination Kit themeseach gradingperiod.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	

Spring 2018 Coordinated School Health Program Report

Nutrition	Andrews Response	%Yésat Al Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at compusevents during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify): n/a	Yes	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	3or 4	(SæFigure2

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Andrews Response	%YesatAll Elementary Sthools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoN bodie resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	

	Andrews	%Yesat Al
Parent and Community Participation	Response	HementaryShools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	No	65%
There was at least one parent on the CSH team	No	77%
Oher (please specify): Teachers and Admin on CSH team; we will acquire a student for next year.	Yes	35%
Approximately how many parents participated in the OATCH/Family Fun Night at your campus?	30% of parents	(SæFigure 4)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Andrews	%Yesat Al
Marathon Participation	Response	EementaryShools
What percentage of K-5 students completed the equivalent of one marathon?		

FITNESSGRAM RESULTS

	Andrews Elementary				Average
Fitness Area – Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Elementary 2018 Final
BMI	42%	44%	48%	Increased	57%
Aerobic Capacity	72%	75%	75%	Stayed the same	71%
Curl-Ups	41%	<30%	<30%	Increased	75%
Push-Ups	37%	<30%	36%	Increased	66%
Sit and Reach	38%	44%	40%	Decreased	69%
Trunk Lift	72%	70%	60%	Decreased	78%

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information - it was not calculated from the scores.

Please share anything else your campus did to support CSH or Whole Child that you would like to tell us about:

We also consumed healthy snacks during faculty meetings and PD. We also reached out to parents and encouraged them to send healthy snacks and lunches when students not eating cafeteria meals. We are enforcing SEL 2nd step lessons in all classrooms every Tuesday that was previously not being done with fidelity.

