

SHAC Meeting
10.06.2021

Time	Agenda Item
6:30p	<p>Proceedings: Call to Order at 6:32, Wed October 6, 2021</p> <p>Dr. Avila Edwards Introduction & Welcome</p> <p>SHAC Members in attendance: -Opportunity for members to say a few words Cynthia Solis-Absent Dolly Lambdin-Present Gena McKinley-Absent Addison McKenna-Present Jeff Davis-Absent Kelly Tarun-Absent Dr. Kimberly Avila Edwards-Present Liz Jacobs-Absent Lisa Flores-Absent Mary Renfro-Present Michelle Mejia-Absent Dr. Nick Wagner-Absent Susanne Kerns-Present Swati Avashia-Absent Piper Nelson-Present</p> <p>Staff: Hannah Gehl, Health Services Specialist Stephanie Hebert, Health Education Curriculum Specialist Dr. Suzanne Newell, Executive Director of Curriculum and Instruction Erin Bown-Anderson-Assistant Superintendent of Academics Suzanne Newell- Executive Director of Curriculum and Instruction Christina Shepherd-Lead Benefits Ambassador Diane Grodek- Executive Chef Sundal Ali- Community Equity & Inclusion Coordinator</p> <p>Others in Attendance: Caryl Ayala Yvonne Castro Dr. Michelle Gallas, Medical Director Ascension Seton Student Health Services</p> <p>Without quorum unable to vote</p> <p>Welcome Guests: Any Trustees:No Trustees Present AISD Staff: (Dr. Edwards) Dr. Michelle Gallas: New AISD Medical Director--opportunity to say a few words</p>

	<p>Diane Grodek AISD Executive Chef--opportunity to say a few words Stephanie Hebert-Opportunity to say a few words Erin Bowen-Anderson-Opportunity to say a few words Suzanne Newell-Opportunity to say a few words Parents (Mary) : Community Members (Mary) : The Community Communications message below was read.</p>
6:35p	<p>Introductions and recognition of guests (listed above) -AISD presenters, trustee members (if in attendance), AISD staff not part of CSH (i.e. Chief, assistant superintendent)</p>
6:40p	<p>Community communications*</p>
6:50p	<p>Reading and approval of minutes Thanks to Genevieve for her service in serving as Secretary. Request a volunteer of SHAC to serve in the role of secretary and take the minutes. Dr. Avila Edwards and Mary will take minutes for this meeting. There were no volunteers.</p>
7:00p	<p>SHAC Realignment and Meeting Structure Discussion; Coordinated School Health Framework Integration Intro Dr. Edwards</p> <p>Mary:Provide SHAC information and what District did during CSH Week: Mary introduced the concept of Coordinated School Health. She shared the components of CSH. She shared the activities during CSH week. Dolly Lamdin, Piper Nelson, and Stephanie Hebert shared comments of support. Stephanie Hebert clarified CSH is NOT a program but a way to build a culture at schools to see health everywhere and keep students healthy.</p> <p>Dr. Michelle Gallas introduced herself.</p>
7:10p	<p>COVID-19 Update: Mary: Introduced our Health Services Department for a COVID-19 Update. Provided a reminder that SHAC members are the ones that are permitted to ask questions.</p> <p>Hannah, Health Services Specialist. Briefly, the COVID-19 update: at the most recent board meeting, Dr. Elizalde shared cases are trending downwards. Vaccinations for 12 and above are working.</p> <p>Flu vaccines coming to campuses each with assigned dates until the end of November.</p> <p>https://www.austinisd.org/student-health/flu-clinics</p>
7:15p	<p>Presentation – Nutrition & Food Services -Reminder public cannot ask questions to SHAC or AISD staff (their time is during public comment)</p>

	<p>Mary: Introduced Diane Grodek, Executive Chef Austin ISD Food Service. She will be discussing the amazing things that the Food Service has been doing and how we can support them.</p> <p>Diane: -Shorten version: -Update of Nutrition and Food Services for District -Free breakfast and lunch for 2021-2022 -Breakfast and lunch options to be well rounded -Fresh fruits and vegetables, vegetarian, vegan, gluten free options, and AB options. -Whole grains at every meal -Scratch cooking is used as much as possible -Plant forward meals -Elementary: A La Carte sales are eliminated due to equity -Once/ Twice a month menuing the treats -Chocolate milk has been removed-1 a month available -Smart Snacks available in middle school or high school --Free supper meal or snacks for after school meals (3rd meal) -2021 study found that school meals provide the healthiest and most equitable access of all US food sources -www.SchoolCafe.com (shows which allergens are in each food) https://www.austinisd.org/nutrition-food-services -Clean labels -Local Procurement -Good Food Purchasing -Support the local economy, protect the environment, treating animals humanely, fair labor, and to serve healthy whole food</p> <p>Need: Outreach-how the cafeteria provides good and quality food; more variety; get to select foods creating healthy habits; Maintain local jobs, supports the Texas economy, and brings better food to all students in Austin -2-3 times a week then it'll help provide better food for all -protein not required; students can bring sandwiches and food services can provide fruits and veggies</p> <p>-Questions opportunity for all SHAC Piper Nelson</p> <p>Comment:Dr. Gallas, Addison McKenna, and Susanne Kerns</p>
7:45p	Items from members (brief announcements, suggestions for future topics, recognitions, etc.) Mary: Stephanie Hebert is our Health Education Curriculum Specialist. She will be providing us with an update on the Human Sexuality and Responsibility Curriculum. -Postponed K-8th Sex Education this year; going ahead with high school-Health Class is getting the lesson. -Information has been sent to staff and family -Approval information process

-Curriculum info and adding information due to TEKS and National Standards

	<ul style="list-style-type: none">-Showcasing components & checking with all what components they are most interested in-Opportunity for SHAC input
8:00p	Adjourn Approximately 8:04