





--	--	--	--	--

--

--	--	--	--	--

Fitnessgram All Students: Body Mass Index, Cardio, Aerobic Capacity, Curl-Ups, Push-Ups, Sit and Reach, Trunk Lift. Percent for each component is averaged to create a campus overall Fitnessgram score.

At or above 2017 level average of all 7 components (ES 69, MS 73, HS 74) or

